

Good To Be Alive

Choreographed by Scott Schrank

Description: 32 count, 4 wall intermediate/advanced line dance

Music: It Feels So Good by Sonique (126 bpm)

(Do the dance with a sassy Cha-Cha movement)

SIDE STEP LEFT, CHASSE LEFT, ROCK STEP, CHASSE RIGHT

1-2 Step left to left, bring right to left, (*weight is now on right*)

3&4 Step left to left, bring right to left, step left to left

5-6 Step right over left on a slight angle left, recover weight back to left

7&8 Step right to right, bring left to right, step right to right

ROCK STEP, FULL TURN LEFT, ROCK STEP, LOCK STEP, STEP

1-2 Step left over right while slightly rising right foot, return weight to right

3&4 While stepping LRL, make a full turn to the left

5-6 Rock back on right, recover weight to left

7&8 Step forward with right, lock left behind right, step forward right

SIDE ROCK ,CROSS SHUFFLE RIGHT, SIDE ROCK, CROSS SHUFFLE LEFT

1-2 Rock left to left, recover weight to right

3&4 Step left over right, step right behind left, step left over right

5-6 Rock right to right, recover weight to left

7&8 Step right over left, step left behind right, step right over left

ROCK STEP, 1/2 TURN LEFT, ROCK STEP, 3/4 TURN RIGHT

1-2 Rock forward on left, recover weight to right

3&4 While stepping LRL in place, make 1/2 turn to left

5-6 Rock forward on right, recover weight to left

7&8 While stepping RLR in place, make 3/4 turn to right

REPEAT